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ABSTRACT

This annotated listing of print materials on sexuality and disability includes 61 publications as well as 2 databases and 23 organizations. Print materials are listed alphabetically by title within the following categories: books, materials for parents, materials for professionals, curricula, and journals/newsletters. Prices, addresses, and telephone numbers of sources are given for most materials. Materials were published from 1982 through 1991. (DB)

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SEXUALITY AND DISABILITY

A SIECUS Annotated Bibliography of Available Print Materials

Acknowledging the existence and development of sexuality in a person with a disability is difficult for society. There is a tendency to infantilize individuals, regardless of their age, denying their need to learn about themselves, their sexuality and their psychosocial development. Therefore, many individuals with physical or developmental disabilities find themselves in a position where no one in their environment is willing to deal with or even recognize their developing sexuality.

SIECUS advocates that persons with physical and/or mental disabilities receive sexuality education, sexual health care, and opportunities for socializing and sexual expression. Social agencies and health care delivery systems should develop policies and procedures that will ensure that their services and benefits are provided on an equal basis to all persons without discrimination because of disability. Educational and training programs for health care workers and family members are suggested to enable them to understand and support the normal sexual development and behavior of persons with disabilities.

Please note that SIECUS does not sell or distribute any of the listed publications, other than SIECUS publications. However, almost all of these resources are available for use at SIECUS' Mary S. Calderone Library.

Copies of this bibliography can be purchased from SIECUS' publications department at the following costs: 1-4 copies/$2.50 each; 5-49 copies/$2.00 each; 50+ copies/$1.50 each; plus 15% postage and handling (p/h). SIECUS is located at 130 W. 42nd St., Suite 2500, New York, NY 10036; 212/819-9770.

This annotated listing of sexuality and disability materials was prepared by James Shortridge, Director of Library Services; Laura Steele-Clapp, library assistant, and Jennifer Lamin, volunteer assistant.

BOOKS

An Easy Guide to Loving Carefully for Men and Women
Lynn McKee, Winifred Kempton, Lynne Stiggall, rev. ed.

Basic information on sexual anatomy, reproduction and contraception, suitable for higher functioning mentally handicapped people to read on their own or with a parent. 1987, $7.25, bulk prices available.

Planned Parenthood: Shasta-Diablo, 1291 Oakland Blvd., Walnut Creek, CA 94596; 510/935-4066.

The Baby Challenge: A Handbook on Pregnancy for Women with a Physical Disability
Mukti Jain Campion

An enlightening book on the impact, effect, and outcome of a range of disabilities on pregnancy and childbirth, and of pregnancy and childbirth on physical disabilities. Case histories are cited, followed by outlines of how fertility is affected, the role of genetics, implications of medication, and remission of symptoms. Precautions during pregnancy and labor, interventions during delivery, and what to expect in a postnatal ward. Contact lists are at the end of each chapter, and a chapter for health care professionals is included. 1990, $14.95.

Routledge, Chapman & Hall, 29 W. 35th St., New York, NY 10001; 212/244-3336.

Being Sexual: An Illustrated Sex Education Series for Developmentally Handicapped People
SIECCAN

This series includes sixteen books with clear text, engaging drawings, and sex positive information designed for young adults and adults who have difficulty with reading, learning, or communication. Innovative illustrations make this text unique. Audio cassette tapes accompany each book. Available on computer disk. Available fall 1992.

Sex Information & Education Council of Canada, 850 Coxwell Ave., East York, Ontario M4C 5R1 Canada 416/466-5304.

Changes in You: A Clearly Illustrated, Simply Worded Explanation of the Changes of Puberty for Boys/Girls
Peggy C. Siegel

These books, one for boys and one for girls, are written with a straightforward and sensitive approach to explain changes of puberty in a simple, positive manner. The books emphasize the normal and healthy aspects of puberty, including breast and genital development, menstruation, erections, masturbation, and sexual abuse prevention. A parent guide accompanies each book. 1991, 41pp, $8.95.

Family Life Education Associates, P.O. Box 7466, Richmond, VA 23221; 804-264-5929.

Enabling Romance: A Guide to Love, Sex, and Relationships for the Disabled (And People Who Care About Them)
Ken Kroll & Erica Levy Klein

Explores sexual variations and alternatives to romantic and sexual relationships. Contains specific information on the sexual abilities and limitations of those with spinal cord injuries, multiple sclerosis, blindness, hearing impairments, neuromuscular disorders, amputation, and guidelines on overcoming sexual stereotypes. Offers advice on family planning, safer sex, and establishing intimacy while being sensitive to the needs and conditions of varying disabilities. 1992, 209pp, $22.50.

Harmony Books/Crown Publishers, Inc., 201 East 50th St., New York, NY 10022; 212/254-1600.

Fact Sheet: HIV/AIDS Prevention for People with Disabilities
Sharon Wachsler

This comprehensive fact sheet provides people with disabilities with information about how to prevent AIDS, covering what HIV and AIDS are, explaining the AIDS test, and how to prevent infection. A listing of resources and agencies is included. 1991, 20pp., single copies free.

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Information Center for Individuals with Disabilities, Fort Point Place, 27-43 Wormwood St., Boston, MA 02210-1616; 617/727- 5540.

Growing Up: A Social and Sexual Education Picture Book for Young People with Mental Retardation
Victor Shea and Betty Gordon

Designed to be read to moderately through severely mentally handicapped students aged 12 and up, although many parts may be suitable for younger students with mild learning problems. Basic information and illustrations are on right of page, and ideas for discussion and further learning activities are on left. Material is in a looseleaf format to allow for tailoring the program to individual needs. 1991, 147pp, $22.00 +$3.00 p/h.

Clinical Center for the Study of Development & Learning Library, UNC-CH, BSRC, CB#7255, Chapel Hill, NC 27599; 919/966-5171.

The Illustrated Guide to Better Sex for People with Chronic Pain
Robert W. Rothtock & Gabriella D'Amore

This self-help booklet provides information about frequent problems which interfere with sexual enjoyment and suggests simple, basic solutions. Includes six illustrations exhibiting comfortable sexual positions for various pain disorders, and stresses the importance of communication between partners. 1991, 37pp, $8.95 +$3.00 p/h, bulk prices available.

Director of Sales, 201 Woolston Dr., P.O. Box 1355, Morrisville, PA 19067-0325; 215/736-1266.

Intimacy and Disability
Barbara F. Waxman, Judi Levin, & June Isaacson Katles

Written by individuals who are themselves disabled, this guide assists people with disabilities in overcoming barriers to developing intimate relationships. Topics include: self-image, body image, sexuality, dating, intimacy, contraception, sexual abuse, and a resource list. 1982, $5.00

National Rehabilitation Information Center, 8455 Colesville Rd., Suite 935, Silver Spring, MD 20910-3319; 800/346-2742.

Learning to Love: A Set of Simple Booklets on Sexuality
Brook Advisory Centres

This series of five new publications are written for young people with learning disabilities. The books provide full and accurate information about sexuality and reproductive health. Titles in the series are: ***Contraception, From Child to Adult, How a Baby is Born, Sex and Making Love***, and ***Health & Infections***. 1991, each 23 pp, $4.95 single copies, $22.95 for set of five, bulk rates available.

Brook Advisory Centres, Education & Publications Unit, 24 Albert St., Birmingham B4 7UD England; Tel 021 643 1554.

Past Due: A Story of Disability, Pregnancy, & Birth
Anne Finger

A writer, disabled by polio in childhood, explores the complexities of disability and reproductive rights through a personal account of her pregnancy and home birth experience. Disability rights, motherhood, and reproductive freedom are important issues shared in this insightful story. 1990, 200pp, $10.95.

The Seal Press, 3131 Western Ave., Suite 410, Seattle, WA 98121-1028; 206/283-7844.

The Right to Control What Happens to Your Body: A Straightforward Guide to Issues of Sexuality & Sexual Abuse
The G. Allen Roeher Institute

This guide provides facts and discusses the risk to and incidence of sexual abuse among people with a mental handicap. The language is basic and typed in large print, includes definitions of abuse and assault, and suggests ways of recognizing, treating, and preventing sexual abuse. The book also offers a dictionary, referral sources, and legal resources. 1991, 29pp, $7.00 Canadian +15% p/h.

The G. Allan Roeher Institute, Kinsmen Bldg, York University, 4700 Keele St., North York, Ontario M3J 1P3 Canada; 416/661-9611.

The Sensuous Heart: Sex after a Heart Attack or Heart Surgery
Suzanne Cambre

A cartoon-style booklet explains emotional and physical needs after multiple injuries or heart surgery, as well as the four phases of sexual activity. The book also answers questions about frequency of sexual activity and suggests comfortable positions. Readers are told what to do about alcohol and the effects on the heart of prescribed drugs, stimulants or illegal drugs. 1990, 21pp, $3.60 +$2.00 p/h.

Pritchett and Hull Associates, Inc., 3440 Oakcliff Rd, NE, Suite 110, Atlanta, GA 30340-3079; 800/241-4925.

Sex and the Spinal Cord Injured: Some Questions and Answers
M. G. Eisenberg & L. C. Rustad

Areas discussed include physical attractiveness, aging, drugs, catheters, divorce, adoption, and alternative methods of sexual expression. 1988, $2.00.

Superintendent of Documents, U.S. Government Printing Office, P.O. Box 371954, Pittsburgh, PA 15250-7954; 202/783-3238.

Sexual Abuse Prevention Programs and Mental Handicap: A Report Prepared by the G. Allan Roeher Institute

This Canadian study analyzes several prevention programs in terms of their suitability or adaptability for use with people who have a mental handicap. Examines what information is appropriate and required in a prevention program that deals with the reality of the lives of people with a handicap, and identifies summary findings and general trends among programs studied. Recommendations for future development are also addressed. 1989, 70pp, $6.00 Canadian +15% p/h.

The G. Allan Roeher Institute, Kinsmen Bldg, York University, 4700 Keele St., North York, Ontario M3J 1P3 Canada; 416/661-9611.

Sexual Concern When Illness or Disability Strikes
Carol Sandouski

Addresses issues such as how medical conditions (arthritis, diabetes, spinal cord injury, alcoholism) may impact sexual functioning or sexual relationships, self-esteem and communication, and treatment for physical and emotional sexual dysfunction. 1989, $51.50 +$3.00 p/h.

Charles C. Thomas Publisher, 2600 South First St., Springfield, IL 62794-9265; 217/789-8980.

Sexual Rehabilitation of the Spinal-Cord-Injured Patient
J. F. J. Leyson, editor

This book covers issues related to sexual activity and dysfunction in spinal-cord-injured patients. Chapters by over twenty five leading experts in the fields of human sexuality, sexual dysfunction and spinal cord injury cover the nonphysical and nonsurgical aspects of care, as well as the medical and surgical treatment of spinal cord injury. 1991, 560pp, $89.50.

Humana Press, Inc., 999 Riverview Dr., Suite 208, Totowa, NJ 07512; 201/256-1699.

Sexuality and Multiple Sclerosis, 3rd Ed.
Michael Barrett

Incorporates up-to-date research findings, communication skills for sexual enhancement, new information resources, and positive approaches to sexual adjustment with MS; an excellent

book. Includes sections on single, gay/lesbian, and married relationships, along with discussion concerning medication and its effects on sexual function. Also available in French. 1991, 80pp, single copy free; additional copies subject to price of p/h.

Multiple Sclerosis Society of Canada, 250 Bloor St., East, Suite 820, Toronto, Ontario M4W 3P9 Canada; 416/922-6065.

Survivor: For People with Developmental Disabilities, Who Have Been Sexually Assaulted
Los Angeles Commission on Assaults Against Women.

Two spiral bound pamphlets, Booklet I, intended for persons with a minimal reading level and intended to be read with the assistance of a teacher or parent and Booklet III, designed for parents, teachers, advocates and others. Booklet II, written for fourth grade reading level, may be available in the future. 1986, single copies free, $1.50 p/h.

Los Angeles Commission on Assaults Against Women, 543 North Fairfax Ave., Los Angeles, CA 90036; 213/655-4235.

Understanding and Expressing Sexuality: Responsible Choices for Individuals with Developmental Disabilities
Rosalyn Kramer Monat-Haller

Through the use of over fifty case studies, this text discusses sex-positive issues of the person with a developmental disability. Examples of education, counseling, and interaction with individuals with varying degrees of mental retardation and physical limitations are included. Contemporary topics such as AIDS, STDs, sexual exploitation, and sexual abuse are addressed in addition to anatomy and physiology, physical maturation, birth control, marriage and parenthood. The author's own experience in counseling is highlighted, along with a bibliography, resource list, and therapeutic intervention tools. 1992, 250pp, $25.00.

Paul H. Brookes Publishing Co., Inc., P.O. Box 10624, Baltimore, MD 21285-0624, 410/337-9580.

Vulnerable: Sexual Abuse and People with an Intellectual Handicap
The G. Allan Roeber Institute

A study of sexual abuse among people with intellectual handicaps. This book addresses the denial of sexual feelings among the disabled, the denial of sexual abuse among the disabled, prevalence of sexual abuse, risk factors of developmental disability as related to sexual abuse, treatment and effects of abuse, accessibility of services, prevention, legal issues, and sex offenders who have an intellectual handicap. 1989, 115pp, $14.00 Canadian +15% p/h

The G. Allan Roeber Institute, Kinsmen Bldg, York University, 4700 Keele St., North York, Ontario M3J 1P3 Canada; 416/661-9611.

FOR PARENTS

An Easy Guide for Caring Parents: Sexuality and Socialization – A Book for Parents of People with Mental Handicaps
Lynn McKee & Virginia Blackledge

Addresses the social needs of children with mental handicaps and other developmental disabilities, and how parents play a crucial role in the education of their children concerning sexuality. This book contains a comprehensive discussion of a child's emerging sexuality, discussing topics such as growing up, responsible sexual behavior, masturbation, social life, sexual orientation, fertility and birth control, sexual abuse, and marriage. 1986, 56 pp., $7.25 +$1.50 p/h. Bulk rates available.

Planned Parenthood: Shasta-Diablo, 1291 Oakland Blvd., Walnut Creek, CA 94596; 510/935-4066.

HIV & AIDS Prevention Guide for Parents
The ARC

This guide was developed for parents or care givers to assist in talking about HIV/AIDS with their children who are mentally retarded. Educates the parents, provides illustration and demonstration, lists resources, and includes position statements of the organization. 1991, 14pp, single copy free.

Publications, National Headquarters of the ARC, P.O. Box 300649, Arlington, TX, 76010; 817/261-6003.

How to Thrive, Not Just Survive: A Guide to Developing Independent Life Skills for Blind and Visually Impaired Children and Youth.
Rose-Marie Swallow & Kathleen Mary Huebner, editors.

A practical, hands-on guide for parents, teachers, and everyone involved in helping children develop the skills necessary for daily living, such as orientation and mobility, leisure and recreational activities. Topics include sexuality education, motor development, personal hygiene and grooming, clothing selection, self-esteem, social behavior, communication, and low-vision devices. 1987, 93pp, $12.95 +$3.00 p/h.

American Foundation for The Blind, 15 W. 16th St., New York, NY 10011; 212/620-2000.

Love, Sex and Birth Control for Mentally Handicapped People : A Guide for Parents
Winifred Kempton, Medora S. Bass and Sol Gordon, eds. 7th rev. ed.

A parent's guide covering socialization, puberty, abuse, contraception and sexual responsibility. 1985, 36pp., $2.95, bulk rates available.

Planned Parenthood of Southeastern Pennsylvania, 1144 Locust St. Philadelphia, PA 19107-5740; 215/351-5590.

Shared Feelings: A Parent's Guide to Sexuality Education for Children, Adolescents, and Adults Who Have a Mental Handicap
Diane Maksym

This guide is to help parents of children with mental handicaps learn how to teach their sons and daughters about relationships and sexuality. Chapters include topics about communication, social skills, the human body, decision-making, sexual behavior, sexual abuse, and STDs. A discussion guide for parents accompanies the guide to facilitate support networks with other parents, and includes goal-setting, tips for working in groups, and session outlines for seven 2 to 3 hour meetings. 1990, 181pp, $16.00 parent guide, $14.00 discussion guide, Canadian dollars +15% p/h.

The G. Allan Roeber Institute, Kinsmen Bldg, York University, 4700 Keele St., North York, Ontario M3J 1P3 Canada; 416/661-9611.

PROFESSIONALS

Behavioral Intervention in the Sexual Problems of Mentally Handicapped Individuals
Lynda K. Mitchell

This resource book for health professionals presents a wide range of problems and intervention methods for dealing with individuals with a mental handicap. 1985, 116pp, $26.50.

Charles C. Thomas, 2600 South First St., Springfield, IL 62794-9265; 217/789-8980.

Choices: A Guide to Sex Counseling with Physically Disabled Adults
Maureen E. Neistadt & Maureen Freda

Written for rehabilitation professionals who provide essential, supportive sexuality counseling. Contains guidelines for limited sexuality counseling and examines issues of intimacy and communication; information about functional and sexual difficulties caused by disabilities and the impact of disability on social issues such as privacy, dating, marriage, and childbearing. Also includes summaries of the sexual response cycle, and

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literature and organizational resources. 1987, 132pp, $14.50.

Robert E. Krieger Publishing Company, P.O. Box 9542, Melbourne, FL 32902-9542; 407/724-9542.

Courage Above All: Sexual Assault Against Women with Disabilities
Liz Stimpson & Margaret C. Best

This report is a compilation of a Canadian survey of information collected from the Disabled Women's Network. The report includes definitions of terms, descriptions of social and political conditions in which women with disabilities find themselves, comparisons of findings with other studies, recommendations for professionals, a chapter on sexuality education and a reproduction of the questionnaire used, statistical analysis of data, and research findings from the Developmental Disabilities Centre at the University of Alberta. 1991, $8.90 Canadian.

DAWN, 180 Dundas St. West, Suite 1700, Toronto, M5G 128 Ontario, Canada; 416/598-2438.

Disability, Sexuality, & Abuse: An Annotated Bibliography
Dick Sobsey et al.

This comprehensive reference book of over 1,100 entries brings together literature from a wide range of disciplines relevant to sexual abuse, sexual assault, and exploitation of persons with disabilities. Includes research studies, position papers, program descriptions, clinical reports, and media accounts. All entries are listed in alphabetical order and are cross-referenced by subject and author. 1991, 185pp, $24.00.

Paul H. Brookes Publishing Co., Inc., P.O. Box 10624, Baltimore, MD 21285-0624; 410/337-9580.

The HIV Guide: Resources for Board Members and Administrators
The ARC

A practical guide to help local and state chapter executives develop and adopt policies and procedures necessary to address AIDS and HIV infection with staff, consumers, and volunteers. Includes reprints from "Mental Retardation" and the American Assoc. of Univ. Affiliated Programs. 1991, 48 pp, $6.00.

Publications, National Headquarters of The ARC, P.O. Box 300649, Arlington, TX 76010; 817/261-6003.

HIV Infection and Developmental Disabilities: A Resource for Service Providers
Allen C. Crocker et al., editors

Written for health professionals, this text looks at the medical, social, legal, and educational issues involved in the effort to provide appropriate HIV-related services to people with developmental disabilities. Includes discussion of the developmental needs of children and youth with congenital and acquired HIV infection; special staff concerns, and policy considerations. 1992, 292pp, $47.00.

Paul H. Brookes Publishing Co., Inc., P.O. Box 10624, Baltimore, MD 21285-0624; 410/337-9580.

Sexuality and Chronic Illness: A Comprehensive Approach
Leslie R. Schover & Soren Buus Jensen

A practical guidebook that takes an integrative biopsychosocial approach to treating sexual problems in chronically ill patients. The volume reviews basic skills needed to comfortably discuss sexuality with patients, assess sexual problems using both psychological and medical approaches, and create a systematic treatment plan. 1988, 347pp, $45.95.

Guilford Publications, Inc., 72 Spring St., New York, NY 10012; 800/365-7006.

Sexuality & the Mentally Retarded: A Clinical & Therapeutic Guidebook
Rosalyn Kramer Monat

This book provides a professional, pragmatic, clinical and therapeutic guide on sexuality counseling and sex education for mentally disabled individuals functioning at all levels of performance. Provides ethical challenges, suggestions, and ideas for debate, with chapters on the role of sex counseling, developing healthy psychosocial and sexual attitudes, and public relations for sexuality education/counseling. 1982, 150pp $21.50 + $2.00 p/h.

College-Hill Press, 4284 41st St., San Diego, CA 92105; 800/343-9204.

Summary of the National Forum on HIV/AIDS Prevention Education for Children and Youth with Special Needs

This report is the result of an assessment of HIV/AIDS prevention education for special education students by representatives from more than 25 national organizations and government agencies. Findings are described, conclusions and recommendations are made, and an essential reading list is enclosed. 1989, 38pp., single copies free.

Association for the Advancement of Health Education (AAHE), 1900 Assoc. Dr., Reston, VA 22091; 703/476-3439.

CURRICULA

Changes in You: An Introduction to Sexual Education Through an Understanding of Puberty
Peggy Siegel

A comprehensive family life education program which helps students from grades 4-9 develop strong, positive feelings about themselves as they make the transition into puberty. Helps girls and boys feel confident and comfortable with the physical and emotional changes of the adolescent years. The complete program includes 73 laminated teaching pictures; illustrated books for student or parental use ("Changes in You" books); parents' guides and a curriculum guide with teaching activities, objectives, lesson plans, and tests. Recommended for use with people with developmental disabilities. 1991, $199.00.

James Stanfield Publishing Company, P.O. Box 41058, Santa Barbara, CA 93140; 800/421-6534.

Circles: A Multi-media Package to Aid in the Development of Appropriate Social/Sexual Behavior in the Developmentally Disabled Individual
Marilyn Champagne & Leslie Walker-Hirsch

Mixed media kit includes curriculum, slides, sound cassettes, photos, wall chart, and discussion guide. A three-part series: Circles I deals with intimacy and relationships; Circles II with sexual abuse prevention; Circle III with STDs, including AIDS. 1987, $399.00 each, discounts available if purchased in sets.

James Stanfield Publishing Company, P.O. Box 41058, Santa Barbara, CA 93140; 800/421-6534.

An Easy Guide for Caring Parents: Sexuality and Socialization
Katherine Simpson, editor

This manual includes curricula for teaching sexuality, self-esteem, and abuse prevention to developmentally and learning disabled students. The curricula contains training outlines and resources, a section on audiovisual instruction, and reproducible teaching pictures. Pre- and post-tests for both curricula are included. 1986, 56pp, $7.25.

Planned Parenthood: Shasta Diablo, 1291 Oakland Blvd., Walnut Creek, CA 94596; 510/935-4066.

The Family Education Program Manual
Katherine Simpson, editor

This manual includes complete curricula for teaching sexuality, self-esteem, and abuse prevention to developmentally and learning disabled students. How

to work with schools, setting up the educational plan, teacher concerns, and working with parents are discussed. It also contains training outlines and resources, a complete section on audiovisual instruction, reproducible teaching graphics, and pre- and post-evaluation tests. 1990, 300pp, $35.00.

Planned Parenthood: Shasta-Diablo, 1291 Oakland Blvd., Walnut Creek, CA 94596; 510/935-4066.

The GYN Exam Handbook: An Illustrated Guide to the Gynecological Examination for Women with Special Needs

Maria Olivia Taylor

This curriculum takes students through the process of a routine pelvic/gynecologic exam and provides the opportunity to approach the exam with comfort and confidence, easing the anxiety often felt during this procedure and promoting responsible female health care. Includes both a handbook with illustrations, and a two-part video; part one is an uninterrupted sequence of the exam, while the second identifies and discusses three major sections of the exam: scheduling an appointment, the breast exam, and the pelvic exam. 1991, 103pgs, two videos, $199.00.

James Stanfield Publishing Company, P.O. Box 41058, Santa Barbara, CA 93140; 800/421-6534.

Human Sexuality: A Portfolio for Persons with Developmental Disabilities, 2nd ed.

Victoria Livingston & Mary E. Knapp

This portfolio, for use by any group in need of basic knowledge about human sexuality, consists of ten separate drawings with large color illustrations of anatomy and sexual functions. Discussion suggestions and script for the teacher printed on the back of each plate. 1991, $24.95 +15% p/h.

Bookstore, Planned Parenthood of Seattle-King County, 2211 East Madison, Seattle, WA 98112-5397; 206/328-7716.

Life Horizons

Winifred Kempton

An updated edition of "Sexuality and the Mentally Handicapped," this two-part curricula includes information on HIV/AIDS, anatomy, puberty, aging, reproduction and contraception, along with over 500 slides. Part II deals with the psychosocial aspects of sexuality, including self-esteem, moral, legal, and social issues, dating, marriage, parenting, and sexual abuse. Contains over 600 slides. 1988, $399.00 each, $599.00 both sets.

James Stanfield Publishing Company, P.O. Box 41058, Santa Barbara, CA 93140; 800/421-6534.

LIFEFACTS: Essential Information About Life for Persons with Special Needs

James Stanfield Company

This set of seven programs is designed to provide the health education professional with essential materials and information to teach adolescents and adults with developmental and learning disabilities. Three programs specifically address sexuality: AIDS(1991), Sexuality(1990), and Sexual Abuse Prevention (1990). Each curriculum is designed to enable the educator to choose the appropriate level of presentation, depending on students' needs and community attitudes. Each kit includes a curriculum guide, laminated pictures and 35mm slides, student worksheets, and evaluation material. 1991, $199.00 each, $993.00 as a package. Discount rates available for combinations of sets.

James Stanfield Publishing Company, P.O. Box 41058, Santa Barbara, CA 93140; 800/421-6534.

Not a Child Anymore

Brooke Advisory Centers

Designed for use with young adults with developmental disabilities, this twelve-part module training program covers topics such as: range of human relationships, anatomy, physiological development, reproduction, pregnancy and childbirth, child care, sexual relationships, contraception and STDs. Each module is self-contained, enabling presenters to follow the interest and needs of the group. A teacher's manual, evaluation kit, illustrations, flipfolder of the human body, and fabric kits to make anatomically correct 3D models are included. 1991, $350.00 for complete program.

Brook Advisory Centres, Education and Publications Unit, 24 Albert St., Birmingham B4 7UD England; Tel 021 643 1554.

Positive Approaches: A Sexuality Guide for Teaching Developmentally Disabled Persons

Lisa Maurer

This guide provides a format for teachers, parents, and caregivers to assist persons with developmental disabilities in acquiring knowledge and skills in understanding and expressing their individual sexuality in a safe and appropriate manner, while illustrating the history of this subject. Background information is coupled with a variety of exercises, fact sheets and programs concerning anatomy, physiology, birth control, contraception, relationships, pregnancy, and parenting. 1991, 91pp, $40.00.

Education Dept., Planned Parenthood of Delaware, 625 Shipley St., Wilmington, DE 19801; 302/655-7293.

Safe and Okay: Elementary Level. A No-Go-Tell! Curriculum for Disabled Children (Grades 3-6)

Sheila Brenner & Elizabeth J. Krents

Building on the No-Go-Tell curriculum, this manual deals with child abuse prevention for disabled children. The curriculum is made up of sixty-five lesson plans divided into three sections: interpersonal relationships, appropriate touch, and inappropriate touch. Personal safety issues are discussed through black and white drawings to demonstrate concepts; and activities such as role-play exercises are included, avoiding "stranger-danger" types of confusing messages. $125.00 New York State, $325.00 outside NY.

Child Abuse and Disabled Children Program, The Lexington Center, Inc., 30th Ave. & 75th St., Jackson Heights, NY 11370; 718/899-8800, 718/899-3030 TTY only.

SAFE: Stopping AIDS through Functional Education

Judith Hylton

This is a comprehensive instructional package for adolescents and adults who have developmental disabilities or other serious learning problem. The package contains guidelines for developing a comprehensive HIV/AIDS prevention program; eighteen lessons on AIDS, such as how people get AIDS, saying "no" to unwanted sex, and safer sex; six video segments showing how adolescents and adults can deal with challenges of AIDS prevention; four illustrated brochures; twenty-eight slides and illustrations, and activities for promoting discussion. 1990, 200pp, $60.00.

Child Development and Rehabilitation Center, CDRC/OHSU, P.O. Box 574, Portland OR 97207-0574; 503/494-7522.

Sex Education for Persons with Disabilities that Hinder Learning: A Teacher's Guide

Winifred Kempton & Frank Caparulo

An invaluable resource for educators, revised and expanded. Covers effective teaching techniques and strategies and defines the major components of a comprehensive sexuality program. Includes a bibliography. 1989, 200pp, $24.95 +15% p/h.

James Stanfield Publishing Company, P.O. Box 41058, Santa Barbara, CA 93140; 800/421-6534.

Sexuality: A Curriculum for Individuals Who Have Difficulty with Traditional Learning Methods

Susan Ludwig

Developed by a teacher of individuals with developmental handicaps, this manual includes topics on feelings, self-

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esteem, anatomy, puberty, reproduction, social behavior, birth control, and STDs. Each section contains information presented in a wide range of ways, from the most simple and concrete to the more difficult and abstract; provides open-ended activities, which can be adapted to the student's prior knowledge and individual needs of the group. Sessions for parents or care givers are suggested throughout to enhance the spirit of cooperation. 1989, 145pp, $38.00 Canadian.

The Regional Municipality of York Public Health, Community Health Nursing, 22 Prospect St., Newmarket, Ontario L3Y 359 Canada.

Signs for Sexuality: A Resource Manual for Deaf and Hard of Hearing Individuals, Their Families, and Professionals, 2nd ed.

Marlyn Minkin & Laurie Rosen-Ritt

Contains updated information on sexual abuse, STDs, and reproductive health with more than 600 photographs illustrating 250 vocabulary terms associated with human sexuality, a birth control appendix, and female and male anatomy drawings. 1991, $24.95 +15% p/h.

Bookstore, Planned Parenthood of Seattle-King County, 2211 East Madison, Seattle, WA 98112-5397; 206/328-7716.

Smooth Sailing into the Next Generation: The Causes and Prevention of Mental Retardation

Diane Plumridge and Judith Hylton

A training manual for professionals which provides specific information about the preventable causes of mental retardation. Defines mental retardation, discusses its known causes, and outlines several decision points and possible choices one might make which would increase or decrease the risk of producing children with a mental disability. Personal responsibility is emphasized, along with the importance of planned pregnancy and parenthood within a lifestyle of mature behavior. 1989, 139pp, 19.95 +$2.00 p/h. Bulk rates available.

R & E Publishers, Robert D. Deed, Publisher, P.O. Box 2008, Saratoga, CA 95070; 408/866-6303.

Special Education: Secondary F.L.A.S.H. (Family Life and Sexual Health: A Curricula for 5th through 10th Grades)

Jane Stangle

Part of a complete set of curricula, this comprehensive program is designed to provide practical teaching experiences and functional tools to adolescents in special education programs. Objectives address the physical, emotional, and safety aspects of sexuality education, and encourage parent and family involvement. Includes a section on preparing sexuality programs in your community and lesson plans on relationships, communication, exploitation, anatomy, reproduction, STDs and AIDS, and lists further resources. The program contains guidelines for answering students' questions, recommended audiovisuals, preparation suggestions, and masters for all transparencies and student handouts. 1991, 301pp, $35.00 +15/% p/h.

Seattle-King County Dept. of Public Health, Family Planning Publications, 110 Prefontaine Ave. South, Suite 300, Seattle, WA 98104; 206/296-4672.

Training of Trainers for Utilizing the Team Approach to Teaching HIV and AIDS Prevention to Children with Special Needs

Council for Exceptional Children & Center for Disease Control

This manual, divided into seven sections, includes topics providing participants with an overview of comprehensive school health education and special education, information about HIV/AIDS, human diversity, cooperative teaching, HIV/AIDS prevention and education curricula and evaluation strategies, policies related to special education students and HIV/AIDS prevention education, and resources for teaching HIV/AIDS education. 1991, 300+pp, single copy free.

Professional Health Education Network, Association for the Advancement of Health Education, 1900 Association Dr., Reston, VA 22091; 703/476-3437.

JOURNALS/NEWSLETTERS

Connections: The Newsletter of the National Center for Youth with Disabilities

This newsletter covers a variety of issues pertaining to youths with disabilities and is devoted to improving the health and social functioning of youth with disabilities through providing technical assistance and consultation, disseminating information, and increasing coordination of services between the health care system and others. Sexuality issues are often addressed. Free.

National Center for Youth with Disabilities (NCYD), Box 721, University of Minnesota Hospital & Clinic; Harvard St. at East River Rd., Minneapolis, MN 55455; 800/333-6293.

Exceptional Parents: Guide for Active Adults with Disabilities

This magazine, published quarterly, provides a forum for the exchange of ideas by parents, people with disabilities and professionals. Covers topics such as education and work, fitness and health, recreation and leisure, sexuality and relationships, financial planning, technology, and law and public policy. $18.00/yr.

Psy-Ed Corporation, 1170 Commonwealth Ave., 3rd Fl., Boston, MA 02134-9942; 800/852-2884.

Information Plus: A Practical Guide for Nurses Dealing with Health and Psycho-Sexual Issues in the Field of Developmental Disabilities

This quarterly newsletter, published for nurses and other professionals, provides services to persons with developmental disabilities and/or mental health concerns. Articles include case studies followed by discussions of some of the issues involved in nursing intervention with special population clients. Occasional case studies address sexuality issues, and provide references for further reading. Single copy subscriptions free.

Information Plus, 6121 Nevada Ave., NW, Washington, DC 20015.

Journal of Sexuality and Disability

A quarterly journal devoted to the psychological and medical aspects of sexuality in rehabilitation and community settings. The journal publishes clinical reports, case studies, research and survey reports, guidelines for clinical practice, consumer articles, and papers on contemporary developments in special programs on sexuality education and counseling for people with disabilities. $102.00/yr institutional, $38.00/yr personal, outside U.S. $45.00.

Human Sciences Press, Inc., 233 Spring St., New York, NY 10013-1578; 212/620-8466.

NICHCY: News Digest

National Information Center for Children & Youth with Disabilities

Published three times a year, this newsletter has a special publication on sexuality education for children and youth with disabilities. A variety of articles are covered which will assist parents and professionals meet the challenge of preparing young people with disabilities to make responsible decisions, form relationships with others, and experience the full dimension of life. 1992 Vol 1(3), 27pp., single copies free.

NICHCY, P.O. Box 1492, Washington, DC 20013; 800/999-5599, 703/893-8614 TDD.

People Net: A Personals & Networking Newsletter by & for Disabled Persons

This international newsletter is published three times a year as a service to assist single men and women with dis-

abilities to meet new friends. $24.00/yr.

People Net, P.O. Box 897, Levittown, NY 11756; 516/579-4043.

Spinal Network Extra

Resource magazine for the wheelchair community. Information on science, sports, regeneration, computers, travel, employment, sexuality, resources, and news. $5.00 single copies, $15.00/year, $25.00/two years.

Spinal Associates, Ltd., P.O. Box 4162, Boulder, CO 80306; 303/449-5412.

Women in Spinal Cord Evolution (WISE)

This independent group was formed to address the specific needs of women survivors of traumatic spinal cord injury. WISE offers a mailing list, support groups, speakers, workshops, and outreach.

Mary L. Bernard, 1798 Valley Side Dr., Frederick, MD 21702; 301/694-7519.

DATABASES

Exceptional Child Education Resources

Council for Exceptional Children

The ECER database contains more than 70,000 abstracts of published literature in special education covering the education and development of disabled and gifted individuals. The quarterly journal, "Exceptional Child Education Resources," provides abstracts and indexes of the most recent additions to the ECER database. Also includes books, dissertations, and selected journal articles not included in the ERIC collection. Available online through the BRS and DIALOG services.

Council for Exceptional Children, 1920 Association Drive, Arlington, VA 22091; 703/620-3660.

CYDLINE

National Center for Youth With Disabilities.

Contains a bibliographic file of articles, and program file of institutions and agencies that provide educational or other services. Available in menu driven or command mode, the database provides searching on several fields, including state and affiliation in the program database.

National Center for Youth with Disabilities, Adolescent Health Program, Box 721, University of Minnesota Hospital and Clinic, Minneapolis, MN 55455; 800/333-6293.

ORGANIZATIONS

The ARC: National Organization on Mental Retardation
500 E. Border St., Suite 300
Arlington, TX 76010
817/261-6003
817/277-0553 TDD

AIDS Education for the Deaf
8350 Santa Monica Blvd., Suite 103
West Hollywood, CA 90069
213/654-5822

American Foundation for the Blind, Inc.
15 W. 16th St.
New York, NY 10011
212/620-2000
800/ABLIND

Arthritis Foundation
P.O. Box 19000
Atlanta, GA 30326
800/283-7800

Association for Sexual Adjustment in Disability
P.O. Box 3579
Downey, CA 90292

Beyond Sound
9770 Via Nola
Burbank, CA 91504

The B. C. Coalition of People with Disabilities
AIDS & Disability Action Project
#204-456 W. Broadway
Vancouver, BC V5Y 1R3 Canada
604/875-0188

Coalition on Sexuality & Disability, Inc. (CSD)
122 E. 23rd. St.
New York, NY 10010
212/242-3900

National AIDS Hotline for Deaf & Hearing-Impaired People
800/243-7889 TDD/TTY

Gallaudet University Library
800 Florida Ave., NE
Washington, DC 20003
202/651-5236

Health Library
Stanford University
Palo Alto, CA
415/725-8400

Information Center for Individuals with Disabilities
20 Park Plaza, Rm 330
Boston, MA 02116
617/727-5540

National Center for Youth with Disabilities
Univ. of Minnesota, Box 721-UMHC
Harvard St. at East River Rd.
Minneapolis, MN 55455
800/333-6293
612/624-3939 TDD

National Chronic Pain Outreach Association
7979 Old Georgetown Rd., Suite 100
Bethesda, MD 20814
301/652-4948

New York Young Adult Institute
460 W. 34th St.
New York, NY 10001
212/563-7474

Planned Parenthood of SE Pennsylvania
1144 Locust St.
Philadelphia, PA 19107-5740
215/351-5590

Sex and Disability Information & Referral Service
814 Mission St., 2nd Floor
San Francisco, CA 94103

Sex Information & Education Council of the U.S. (SIECUS)
130 W. 42nd St., Suite 2500
New York, NY 10036
212/819-9770

Sexuality and Developmental Disability Network
SIECCAN
850 Coxwell Ave.
East York, Ontario M4C 5R1 Canada
416/466-5304

Sexuality and Disability Training Center
University Hospital
75 E. Newton St.
Boston, MA 02118
617/638-7358

Task Force on Sexuality of the American Congress of Rehabilitation Medicine
30 N. Michigan Ave.
Chicago, IL 60602

Xandria Collection Special Education for Disabled People
Lawrence Research Group
874 Dubuque Ave.
San Francisco, CA 94080

Women's Educational Equity Act Publishing Center
Education Development Center
55 Chapel St, Suite 200
Newton, MA 02160
800/225-3088

SIECUS
130 West 42nd Street
Suite 2500
New York, NY 10036
212/819-9770

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